

Prompts to Copy and Try

Something useful starts with a simple question.

You don't need special words to use AI. Ask naturally, explain what you need, and change the answer until it works for you. Copy one of these prompts — or say it aloud if your AI tool supports voice.

Start here

"I'm new to AI. Use plain language, give me one step at a time, and ask questions when something is unclear. Help me choose one useful thing to try today."

Make everyday tasks easier

Write a thoughtful message

"Help me write a short, warm note to a friend. I want to say [your message]. Keep it sounding like me."

Plan dinner

"I have [ingredients]. Suggest three easy dinners for two. Ask about food preferences or allergies before suggesting recipes."

Get help with a device

"Help me [send a photo or join a video call] on my [device]. Ask which model or app I use, then give me one step at a time. Wait until I'm ready to continue."

Explore an interest

"I enjoy [gardening, history, cooking, or another interest]. Suggest three things I could learn or try this week."

Keep your stories

Record a memory

"Ask me one question at a time about a favorite family memory. Turn my answers into a short story. Don't invent details."

Share a family recipe

"Help me organize this recipe into clear ingredients and steps. Include its family history using only the details I provide."

Write to a grandchild

"Help me write a letter to my grandchild about something life has taught me. Ask me a few questions first so it feels personal."

Get organized — and stay in charge

Make a checklist

“Turn these notes into a simple checklist. Separate things to do now from things that can wait.”

Compare choices

“Help me compare these two options. Ask what matters most to me, then explain the benefits, drawbacks, and information I still need.”

Prepare for a conversation

“Help me organize questions to ask my [doctor, adviser, or contractor]. Use these general concerns: [add concerns without private details].”

Keep the conversation going

You can always ask:

“Make it shorter.”

“Explain that another way.”

“Ask me one question at a time.”

“What should I check before relying on this?”

AI can sound confident and still be wrong. Asking it to check itself is helpful, but important facts need an independent source.

One habit to remember

Keep passwords, Social Security numbers, banking details, and private documents out of your prompts. For an unexpected request for money or personal information, pause and contact the person or organization through a number you already trust.

Want to try it together?

Bring your device and something you’d like help with. We’ll take it one step at a time — and leave you with simple instructions to use again.

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